

**HKE SOCIETY'S S. NIJALINGAPPA INSTITUTE OF DENTAL SCIENCE &  
RESEARCH, KALABURGI  
DEPARTMENT OF PUBLIC HEALTH DENTISTRY & ORAL MEDICINE AND  
RADIOLOGY**

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**Tobacco Cessation Counselling Course (SNIDSR25VAC6)**

**EMPOWERING FUTURE DENTAL PROFESSIONALS IN TOBACCO CESSATION**

Comprehensive **two-day course** on **Tobacco Cessation Counselling**, aimed at equipping dental students with essential knowledge and practical skills to help patients quit tobacco and improve their oral and overall health.

Date 4/4/25 to 8/4/25 Total of 16hours

**Venue:** [lecture hall]

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**Value added course**

**Report on the Tobacco Cessation Program Course (SNDIRVC4)**

**Organized by:** Department of Public Health Dentistry & Oral Medicine and Radiology

Date 4/4/25 to 8/4/25 Total of 16hours

**Venue:** [lecture hall]

**Objective:**

To sensitize students to the harmful effects of tobacco use, equip them with skills to identify tobacco-related oral lesions, and train them in effective tobacco cessation counseling through evidence-based strategies and hands-on activities.

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**Participants:**

The program was attended by **Final Year BDS students** and **Interns**, who actively participated in both the lecture sessions and practical training.

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**Day 1 – Academic Sessions**

## **1.Lecture: Sensitization – Tobacco-Associated Oral Mucosal Lesions**

**Speaker:** *Dr. Pallavi Deshmukh*

*\*Professor & In-Charge, HOD, Oral Medicine & Radiology*

Dr.Pallavi Deshmukh provided an insightful session on the clinical features, diagnosis, and management of oral mucosal lesions commonly seen in tobacco users. She emphasized early detection and timely intervention in preventing malignant transformation.

## **2. Lecture: Understanding Nicotine Dependence & Interventional Strategies for Tobacco Cessation**

**Speaker:** *Dr. Chandrashekar*

*\*Psychiatrist, GIIMS Kalaburagi*

Dr. Chandrashekar shed light on the psychological aspects of nicotine addiction and presented practical intervention strategies. His session also included guidance on establishing and managing a Tobacco Cessation Centre within a clinical setting.

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## **Day 2 – Hands-on Training & Assessment**

- **Counselling Demonstration:** A live demonstration was conducted to show effective communication and counseling techniques tailored to tobacco users.
  - **Group Activity:** Students were divided into groups and given case scenarios for role-play, simulating real patient interactions.
  - **Assessment & Feedback:** Participants were evaluated on their understanding, approach, and interpersonal communication during counselling. Constructive feedback was provided to enhance future performance.
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### **✓ Outcome:**

The program successfully met its objectives, with enthusiastic participation and positive feedback from the attendees. Students reported increased confidence in identifying tobacco-associated oral conditions and counselling patients effectively



